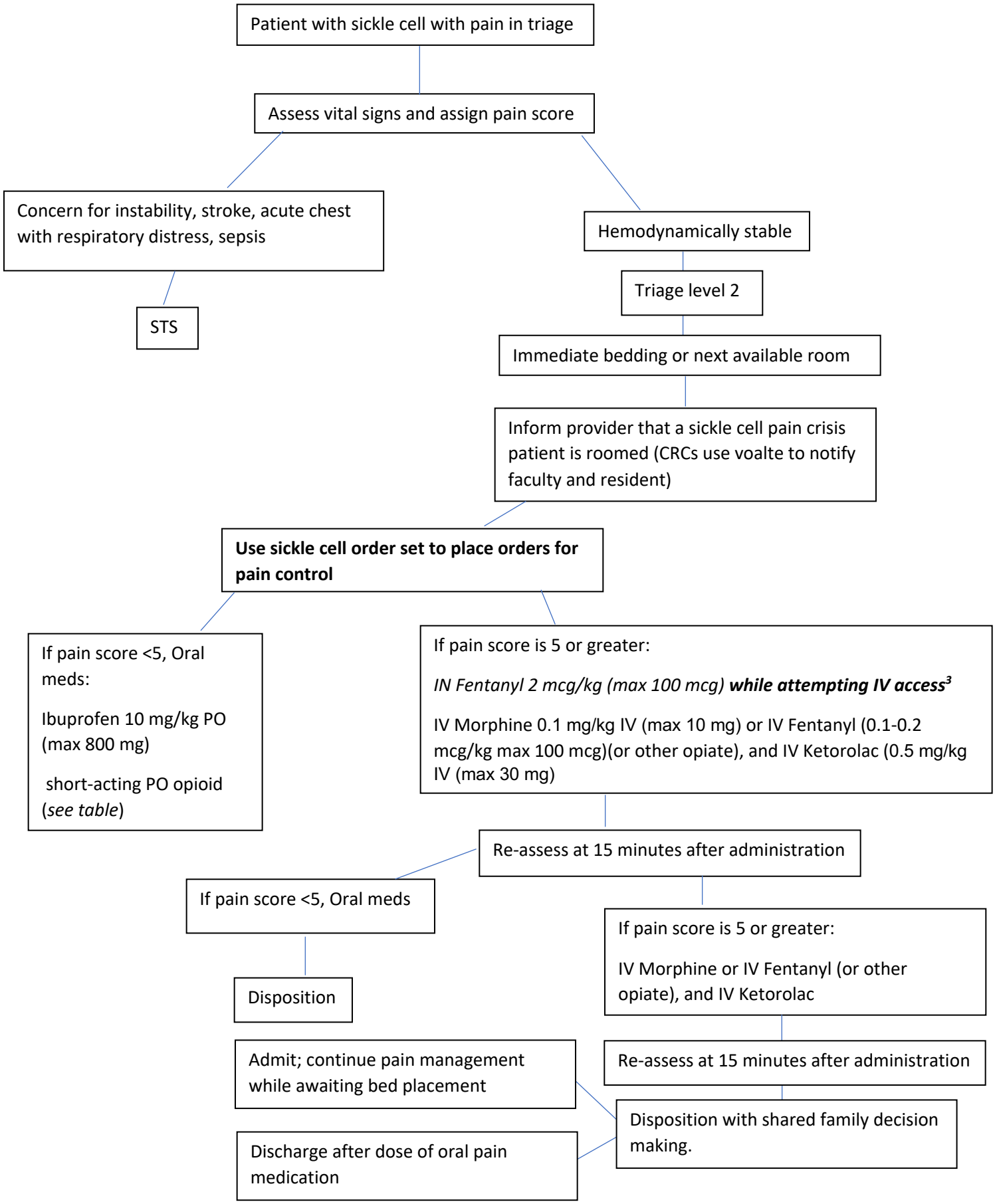
Patient with sickle cell with pain in triage
Assess vital signs and assign pain score
Concern for instability, stroke, acute chest with respiratory distress, sepsis
STS
Hemodynamically stable
Triage level 2
Immediate bedding or next available room
Inform provider that a sickle cell pain crisis patient is roomed (CRCs use voalte to notify faculty and resident)
Use sickle cell order set to place orders for pain control
If pain score <5, Oral meds:
Ibuprofen 10 mg/kg PO (max 800 mg)
short-acting PO opioid (see table)
If pain score is 5 or greater:
IN Fentanyl 2 mcg/kg (max 100 mcg) while attempting IV access3
IV Morphine 0.1 mg/kg IV (max 10 mg) or IV Fentanyl (0.1-0.2 mcg/kg max 100 mcg)(or other opiate), and IV Ketorolac (0.5 mg/kg IV (max 30 mg)
Re-assess at 15 minutes after administration
If pain score <5, Oral meds
Disposition
If pain score is 5 or greater:
IV Morphine or IV Fentanyl (or other opiate), and IV Ketorolac
Re-assess at 15 minutes after administration
Admit; continue pain management while awaiting bed placement
Disposition with shared family decision making.
Discharge after dose of oral pain medication